

# Ballroom By-Line

The Club that promotes and teaches International Style Ballroom Dancing

April 2015



## *A Message from the president....*

What a fantastic year! Our monthly dances are well attended; it is nice to see new and familiar faces attend our social dances. Group lessons are still going strong, and attendance at our practices has been great.

We are looking forward to our year-end dance; we hope you will come out and enjoy the evening dancing the night away and socializing, we have a fun evening planned. Tickets for our special year-end May dinner dance are on sale now, please contact any board member and they will help you out.

We, the board, look forward to hearing ideas and feedback from you, the membership; thank you to all of you, in making this a successful year! Our club would not exist without you. Keep practicing throughout the summer.

Jason Clubb



You can buy tickets at your classes, practices, or by contacting any of the executive.

## Practices

<b>April:</b>	Mondays 20, 27	7:00pm to 9:00pm
<b>May:</b>	Mondays 4, 11, 25	Woodland Heights Public School
<b>June:</b>	Mondays 1, 8, 15, 22, 29	474 Springbank Drive.

Last Friday practice of the season:

**Friday April 24**

7:30pm to 9:30pm

Carling Heights Community Centre

650 Elizabeth Street



No practice in July and August

## **LBDC Annual General Meeting**

**Thursday, June 11, 2015**

**7:00 PM**

**Woodland Heights Public School**

**474 Springbank Drive**

Agenda will include:

- Report from the Board of Directors
- Financial Statement
- Review of the Constitution
- Election of Vice-President & Registrar\*

\*If you are interested in one of these positions, or you would like to nominate a willing member, please contact a board member.

### **The LBDC Board of Directors:**

President:	Jason Clubb	<a href="tel:519-642-4893">519-642-4893</a>
Vice President:	Jim Sandford	<a href="tel:519-652-5796">519-652-5796</a>
Secretary:	Monique Martin	<a href="tel:226-378-7348">226-378-7348</a>
Treasurer:	Anne-Marie Rozsa	<a href="tel:519-878-3111">519-878-3111</a>
Registrar:	Sheri Saunders	<a href="tel:519-474-4073">519-474-4073</a>
Class Representative (Level 1):	Anu Pathria	<a href="tel:519-652-2631">519-652-2631</a>
Class Representative (Level 2):	Peter Klaver	<a href="tel:519-600-0707">519-600-0707</a>
Class Representative (Level 3):	Glenn Warren	<a href="tel:519-268-0110">519-268-0110</a>
Board Member at Large:	Scott MacDonald	<a href="tel:519-878-3111">519-878-3111</a>

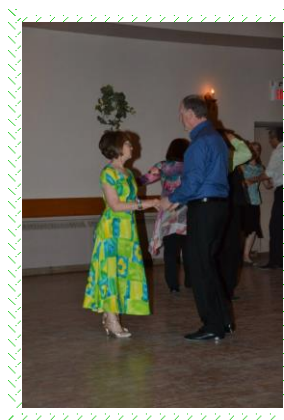
LONDON

theBallroomclub

DANCE

# March Dance of Colours

*Host Anu and Harish - Greeters Jason and Eva*



LONDON

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DANCE

# April Spring Dance

*Host Peter and Deborah - Greeters Sheri and Robert*

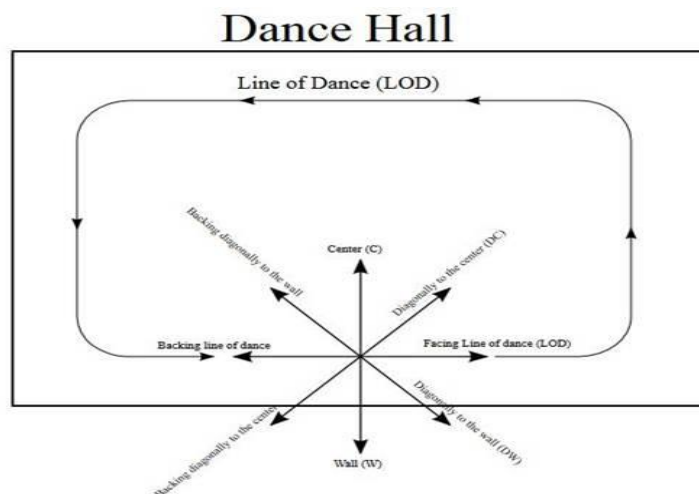


## Shall We Dance?

Whether you are an absolute beginner, have some dance experience, or have danced many a night away, floor craft is a topic that keeps us all on our toes. Following some of the simple rules of etiquette and common courtesy allows everyone to have fun!

The rule of thumb for International Style Ballroom Dancing whether it is the Foxtrot, Quickstep, Tango, the Waltz, or the Latin Dances is to follow a counter-clockwise motion, around the room; the Line of Dance.

Understanding this motion allows all dancers to follow a basic set of rules to dance smoothly and avoid upsets and entanglements with other dancers. Typically, there are two lanes or of travel for dancers. Much like a highway, the faster dancers will dance on the outside lane of the room and the slower dancers will dance along the inside lane of the room. It is also important to avoid frequent lane changes, as this confuses other dancers, and many lane changes are discouraged.



Some of the etiquette of dancing is in place to protect other dancers, your partner, and yourself. This understanding allows the dancers to follow their patterns and steps throughout the dance. Sudden stopping is difficult for other dancers as it can lead to collisions and interrupts the flow of traffic. Overtaking another couple on the dance floor is not encouraged; and pushing or elbowing your way to get through is very bad manners.

For the men, in addition to negotiating your way across the dance floor, keeping an eye out for obstacles, the man must protect the lady from collisions and keep her in a position so that she cannot get hurt by others and keep in mind to avoid invading another couple's space; give them room to complete their patterns and dance. This can be rather tricky sometimes on a very crowded floor. Finally, if you bump into someone, apologize, and keep dancing. The whole point is to have Fun!

By Eva Clubb